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Children
**NEED LIFE SKILLS ALONG
WITH EDUCATION**

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The National UN Volunteers-India



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Children need life skills along with Education.

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Children are the foundation of development of this country. Although education imparted to children is a part of their holistic development, life skills are essential along with education.

As much as the current education system is focusing on children's mastery, the importance given to life skills may be less, it needs to be convinced that life skills are more important than academic mastery for a happy, contented, peaceful and successful life.

Management of personal relationships, our behavior at work places, our relationships with others, the way we treat others, resolution of conflicts, difficulty in life, pain, courage to face

opposition are all important to teach children through life skills rather than education.

The role of parents, elders, teachers, guardians plays an important role in the development of these skills of the child.

It is necessary to develop critical thinking, creative thinking and communication skills in children. Some recent social events convince us that just having academic mastery is not enough to manage life. Failure of relationships, divorce, suicide, anti-social acts, extortion, robbery, corruption all these can also be considered as defects in the development of children.

Essential life skills to be developed in children:

1. Communication and Interpersonal Skills:

The wisdom of valuing other people's feelings and thinking in other people's shoes should be inculcated in children's mind step by step in the form of stories and examples. This helps children to develop cordial relations with others and to see others as equals.

2. Making decisions and managing difficulties in life:

The ability to take independent decisions without depending on others and face the consequences should be developed in children. Parents should give their children the freedom to decide from an early age. Giving children the freedom to make decisions by discussing the pros and cons with the children rather than imposing the decisions on the children helps the children to become self-reliant.

3. Creative Thinking and Critical Thinking: It may be in certain stages of life, in certain

projects we are working on, in relationships that may harm our future or take some critical decisions for the betterment of the future. Also, when we creatively shape the decisions we take, we can develop positive aspects in life. This can avoid the mishaps caused by some wrong decisions. Instead of lamenting the decisions taken and adding to the mental anxiety, you can lead a positive life.

4. Emotional intelligence and self-awareness:

Children need to develop the quality of forgetting and forgiving and moving on rather than making small things big and taking life away from peace. Children need to develop the ability to deal with the small conflicts and unpleasant situations in life positively. The experience of failure should be developed in children. Children should taste the experience of defeat. Children should be brought up with the feeling that they are one in the family like everyone else. When more care and love are given to children than necessary, children may

fail to face the harsh situations that the world presents. In addition, it is important to develop their discipline, punctuality, study, respect for elders, value-based behavior, organized work, honesty, and morals in the students.

If children are given responsibilities appropriate to their age from a young age and encouraged to correct mistakes without criticizing them, it will be the beginning of a self-reliant life. Even though schools, colleges and universities are successful in imparting quality education, educational institutions as well as the home environment are also important in developing life skills in children.

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